



*"Seeking aid is bravery and prompt analysis & cure can work to transform an individual to be proressive towards better life"*

Our counselling services at the college campus is for :

- Apprehensiveness, Lack of confidence, Confusion, Self-doubts
- Handling various types of peer influences
- Managing concerns related to academics, social and personal Issues
- Handling variations in thought processes, getting acclimatized & tackling varied situations
- Culturing positive belief system and nurturing strengths
- Dealing with addictions like cell phone, smoking, alcohol, drugs

**To book an appointment :**

Mrs. Manisha R. Dewarde

(Counseling Psychologist, Psychotherapist, Naturopath, New Code NLP Practitioner, Access Bar Practitioner, Hypnotherapist, Regression Therapist)

E-mail: [yashcounseling@gmail.com](mailto:yashcounseling@gmail.com)

**\* Open to all Students & Staffs of VIVA Institute of Pharmacy for free\***